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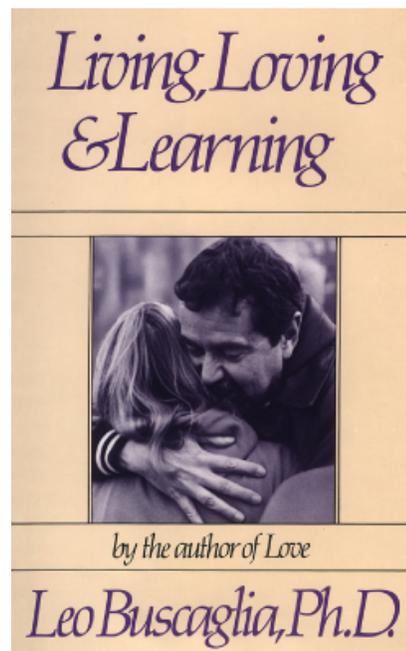
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Living, Loving and Learning

Living, Loving & Learning
Published in 1982

This delightful book is a collection from some of Dr. Buscaglia's lectures given from 1970 to 1981. It was edited by Steven Short to eliminate repetitive details. But he left every sincere word, each ounce of excitement and every life changing idea.

Dr. Buscaglia was so far ahead of his time in his concepts of living an authentic life (be the best YOU!), being mindful (stay aware!), connecting with people (Look 'em in the eye! Hug!) and improving education (teach them to be real!).



It is amazing to me how words spoken 47 years ago can be so completely applicable and accurate for my life today. I want to buy a copy for every person I know because we all face the same issues at some time in our lives. Dr. Buscaglia had the gift of simplifying complex issues into simple, practical solutions that the "average" person could really use. Of course, Dr. Buscaglia didn't believe in an "average" person. He was intensely aware of the uniqueness of each of us. His wonder at this miracle comes through his words and his stories.

I'd like to share some of my favorite lessons with you:

- "And so my responsibility to me is to make myself enormous, full of knowledge, full of love, full of understanding, full of experience, full of everything so that I can give it to you and then you can take it and build from there."
- "Knowledge is not wisdom! ... Wisdom is saying, 'My mind is open. Wherever I am, I'm just beginning.'"
- "Don't wait until tomorrow to tell somebody you love them. Do it now. Freak 'em out."
- "It's outrageous that there is so much, and we are satisfied with so little."
- "But knowing the scientific reason for the change of colors [fall leaves] doesn't make it any more or any less spiritual. It's still magic. It's still wonderful."

Below is a small sampling of the wisdom to be found in this collection. Get the book and look for yourself!

- The ceremony of wine tasting.
- The advice of the 85 year old man who would "travel lighter next time."
- Why each of us are unique.
- The identity of the beautiful woman in the elegant brown suit.
- What happened when Leo hugged the Dean.

Please share your favorite quotes from the book or stories about it on [Facebook Page](#). We would love to hear how it influenced you!

Purchase the book today or any additional books by Dr. Buscaglia [here](#). Books are available in hard copy or eBook.

The mission of **Piece by Piece** is to empower residents of undeserved communities in urban Los Angeles through training workshops in mosaic technique that enable recently homeless and low-income individuals to develop marketable skills and self-confidence as well as a path to earned income. **Piece by Piece** also received a grant from the Leo Buscaglia Foundation in 2011.

Piece by Piece received a grant to fund workshop activities serving residents of Star supportive housing apartments in Skid Row. The funds will be used to pay Artist-Instructors leading Community and Workshop activities and to fund Studio Prep Associate positions. Star apartments was built to help stabilize persons who have been identified by the County as most vulnerable to chronic homelessness. Their program offers critical opportunities to connect, develop creative voice and set goals for success. Donations to the Foundation help organizations like this one!

Click [here](#) for more information on **Piece by Piece**.

Teen Line

Teen Line

was established in 1980 to help troubled teenagers in a way they would accept: teens helping teens. Their mission is to provide personal teen-to-teen education and support before problems become a crisis, using a national hotline, current technologies and community outreach.

Over a hundred teens volunteer annually at **Teen Line**, they complete a comprehensive 60-hour training program that focuses on the problems that teens deal with whether it concerns relationships with family or friends, drugs or alcohol abuse, eating disorders, self-injury, depression, rape, pregnancy, or suicide. Teen volunteers learn that they are not there to judge or give advice but to 'actively listen'-a simple act that can make a powerful, sometimes life-saving difference. Thanks to donations to the Leo Buscaglia Foundation

Teen Line, received a grant for general operating support which will be utilized to support all components of their program including training, outreach and their hotline.

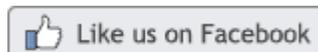
Click [here](#) for more information on **Teen Line**.

The Leo Buscaglia Foundation is on Facebook!

Please help us spread the news about the amazing work of the grant recipients! Share our posts with your friends and family. Liking, commenting, sharing increases our reach to readers.



The world needs lots of good news so let's share the accomplishments of the Leo Buscaglia Foundation and its grant recipients.



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